source spa

membership pack



SANCTUARY for the mind, body and soul

Indulge in pure relaxation at The Victoria Hotel's Source Spa, where tranquillity meets luxury in the heart of Sidmouth. Set beneath the bustling hotel, step down into a world of serenity as you enter The Victoria Hotel's Source Spa.

Immerse yourself in a world of plush robes, soothing aromas, and expertly trained therapists. Whether you're seeking a calming massage, a revitalising facial, or a soothing soak in our spa bath, you'll experience a level of pampering that rivals the finest spas.

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DISCOVER BLISS

at our tranquil spa

Source Spa is dedicated to natural well-being and our spa facilities are inspired by our natural surroundings. A space to recharge and escape with all the facilities you would expect from a luxury spa.

Sauna

As guests step into the sauna, they are enveloped in warmth, melting away tension and stress with each soothing moment.

Steam Room

The steam room, infused with aromatic scents, provides a gentle embrace of moisture, purifying the body and invigorating the senses.

Spa Bath

Immerse yourself in blissful relaxation as you unwind in the soothing warmth of a spa bath, melting away the stresses of the day.





Heated SWIMMING POOLS

As members you will have access to our indoor and outdoor heated swimming pools.

Outdoor pool

Indoor pool

Open May - September

8am - 7pm (weather permitting)

Surrounded by loungers for relaxing between swims or just to sunbathe. Open daily all year round 8am - 7pm

Our heated indoor pool offers guests a luxurious oasis for relaxation and rejuvenation, featuring sparkling waters and elegant surroundings.

State-of-the-art GYM

Our state-of-the-art gym is fully air-conditioned and features an impressive range of cardiovascular, resistance and functional fitness equipment.

Equipment includes

- Dumbbell rack
- Cable motion pulldown
- Treadmill
- Rowing machine
- Cross trainer
- Exercise bike
- Leg extension machine





MEMBERSHIP privileges

As a member at The Victoria Source Spa you can enjoy:

- Unlimited access to Source Spa facilities including a heated indoor pool, sauna, spa bath and steam room
- Unlimited access to our fully equipped gym
- Unlimited access to the Victoria Lido including outdoor heated swimming pool (Open May - September)

- · Unlimited access to our 18-hole putting green
- Use of freshly laundered towels and flip flops
- Luxury changing facilities
- Complimentary locker use
- Free car parking



TREATMENTS & products

Created to blend results-driven treatments with holistic wellness, our products complement the range of spa treatments.

- Two treatment rooms
- Facials: cosmeceutical results-driven + natural
- Body therapy: massage, scrubs + wellness
- Men: specialised facials
- Beauty: waxing, lash + brow tinting

Spa products

Source Spa Collection

- Holistic wellness
- 100% naturally derived
- Clean skincare
- Cruelty free

Members are entitled to 10% OFF any spa treatment and 20% OFF products



01395 576006 (ext 006) | victoriahotel.co.uk/sourcespa | sourcespa@victoriahotel.co.uk



HOTELS | RESTAURANTS | SPAS