

LOUNGE BAR & TERRACE MENU

SANDWICHES

Served on a choice of Granary, Wholemeal or White Sliced Bread, White or Brown Gluten Free Bread with Red Cabbage Slaw and Potato Crisps

EGG MAYONNAISE AND CRESS (V)	13.75
White 887 Kcal Wholemeal 888 Kcal Granary 894 Kcal GF White 910 Kcal GF Brown 918 Kcal	
CHEDDAR CHEESE AND CHUTNEY (V)	13.75
White 1088 Kcal Wholemeal 1089 Kcal Granary 1105 Kcal GF White 1121 Kcal GF Brown 1129 Kcal	
HAM AND MUSTARD	15.5
White 627 Kcal Wholemeal 628 Kcal Granary 644 Kcal GF White 660 Kcal GF Brown 668 Kcal	
CHICKEN, LETTUCE AND TOMATO	15.5
White 620 Kcal Wholemeal 621 Kcal Granary 637 Kcal GF White 653 Kcal GF Brown 661 Kcal	
CORONATION CHICKEN	15.5
White 887 Kcal Wholemeal 888 Kcal Granary 894 Kcal GF White 910 Kcal GF Brown 918 Kcal	
TUNA MAYONNAISE AND CUCUMBER	15.5
White 776 Kcal Wholemeal 777 Kcal Granary 793 Kcal GF White 809 Kcal GF Brown 817 Kcal	
ROASTED SIRLOIN OF BEEF AND HORSERADISH SAUCE	17
White 753 Kcal Wholemeal 754 Kcal Granary 770 Kcal GF White 786 Kcal GF Brown 794 Kcal	
PRAWNS AND MARIE ROSE SAUCE	17
White 754 Kcal Wholemeal 755 Kcal Granary 771 Kcal GF White 787 Kcal GF Brown 795 Kcal	
CORNISH CRAB AND MAYONNAISE	17
White 1028 Kcal Wholemeal 1029 Kcal Granary 1045 Kcal GF White 1061 Kcal GF Brown 1069 Kcal	
SMOKED SALMON AND CREAM CHEESE	17
White 792 Kcal Wholemeal 793 Kcal Granary 809 Kcal GF White 825 Kcal GF Brown 833 Kcal	
HUMMUS AND ROASTED PEPPER (VE)	13.75
White 692 Kcal Wholemeal 693 Kcal Granary 709 Kcal GF White 725 Kcal GF Brown 733 Kcal	
VEGAN SMOKED CHEESE AND CHUTNEY (VE)	13.75
White 904 Kcal Wholemeal 905 Kcal Granary 921 Kcal GF White 937 Kcal GF Brown 945 Kcal	

LIGHT BITES

SOUP OF THE DAY <i>VARIES DAILY</i>	8.5
Please ask for details	
PRAWN COCKTAIL <i>412 Kcal</i>	20
Prawns, Marie Rose Sauce, Baby Gem Lettuce, Lemon, Brown Bread and Butter	
SMOKED SALMON <i>795 Kcal</i>	20
Cream Cheese, Lemon, Caper and Samphire Salad, Bread	
LOCAL CRAB AND MAYONNAISE SALAD <i>855 Kcal</i>	23
Grapefruit, Samphire, Capers, Pickled Red Onion, Bread	
GOATS CHEESE AND BEETROOT (V) <i>753 Kcal</i>	17
Orange, Hazelnut Salad	
VEGAN GREEK STYLE CHEESE AND BEETROOT (VE) <i>707 Kcal</i>	17
Orange, Hazelnut Salad	
CORONATION CHICKEN SALAD <i>498 Kcal</i>	20
Sultanas, Dried Apricots, Almonds	
CURED MEAT PLATTER <i>1137 Kcal</i>	20
Hummus, Olives, Gherkins, Roasted Pepper, Bread	
TABBOULEH AND BROCCOLI SALAD <i>168 Kcal</i>	
With Herb Roast Salmon <i>478 Kcal</i> or Chicken <i>354 Kcal</i>	20
Or with Tofu (VE) <i>214 Kcal</i>	17

LOUNGE BAR & TERRACE MENU

MAIN COURSES

BEER BATTERED FISH AND CHIPS 1400 Kcal	25
Tartar Sauce, Peas, Dressed Leaves, Lemon	
BREADED SCAMPI AND CHIPS 1243 Kcal	22
Tartar Sauce, Peas, Dressed Leaves, Lemon	
VEGAN COTTAGE PIE (VE) 433 Kcal	21
Vegan Mince Ragu, Crushed Potato Topping, Seasonal Vegetables	
MUSHROOM, SPINACH AND CREAM CHEESE RISOTTO (V) 701 Kcal	21
Baby Watercress	
SPECIALS OF THE DAY (please ask for details) VARIES DAILY	20
HARISSA ROASTED AUBERGINE (VE) 486 Kcal	21
Tomato and Chickpea Ragu, Vegan Greek Style Cheese, Mixed Leaf Salad	
CALF'S LIVER 685 Kcal	25
Creamed Potato, Bacon, Onion Gravy, Seasonal Vegetables	
BERTIE'S BURGER 1406 Kcal	29
West Country Beef Burger, Bacon Jam, Pancetta, Monterey Jack Cheese, Truffle Mayonnaise, Brioche Bun, Frites, Red Cabbage Slaw and Dressed Salad Leaves	
OMELETTE ARNOLD BENNETT 1345 Kcal	22
Four Egg Omelette, Smoked Haddock, Gruyère Cream, Mixed Leaf Salad and Frites	
CLUB SANDWICH 1248 Kcal	20
Toasted Sandwich with Chicken, Bacon, Tomato, Lettuce and Mayonnaise	
8OZ SIRLOIN STEAK AND CHIPS 1318 Kcal	38
Mushroom, Tomato and Onion Rings	
Garlic Butter 341Kcal Peppercorn Sauce 107 Kcal Stilton Cream 623 Kcal	
PORK AND LEEK SAUSAGES 825 Kcal	22
Creamed Potato, Onion Gravy, Seasonal Vegetables	

SIDE DISHES

FRITES 404 Kcal	7
CHUNKY CHIPS 432 Kcal	7
BUTTERED NEW POTATOES 190 Kcal	5.5
MIXED LEAF SALAD 20 Kcal	4
SEASONAL VEGETABLES 47 Kcal	5.5
BREAD ROLL AND BUTTER 380 Kcal	2

SWEETS & BEVERAGES

DAILY DESSERT OPTIONS VARIES DAILY	10
SELECTION OF ICE CREAMS AND SORBET VARIES	
(Please ask a member of staff for details)	
2 scoops	6
3 scoops	8
SELECTION OF TEAS AND COFFEE	FROM 4.6

Our Lounge Menu is available from noon - 2pm.
Prices are shown in sterling and are per person.

Adults need around 2000 Kcal a day.
Please inform us of any food allergies or special dietary requirements.